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## Description

The Behavioral Health Consultant (BHC) program provides a collaborative framework for an integrated team-based process in the outpatient primary or specialty care clinics. BHCs provide behavioral health interventions for patients with chronic illness who's emotional and/or behavioral issues negatively impact their disease management. The BHC's role is to support the ongoing behavioral health interventions of the primary care provider and the focus is to resolve problems within the primary care service context. The primary care provider, at all times, remains the overall care manager.

This position will provide screening, triage, case management, and clinical intervention services to individuals who are receiving care in the primary or specialty care clinics. BHC will provide consultation and assist providers on the management of behavioral concerns in primary care and assist in the triaging and managing of emergent referrals. Patient encounters may be assigned via telehealth and job duties will be performed remotely.

### Essential Job Functions:

#### Behavioral Health Consultant

- Serve as a core member of the health care team within primary care.
- Primary job function is to provide behavioral health services to a caseload of primary or specialty care patients per established standards and guidelines. Functions include engagement and relationship building, assessment, treatment planning, therapeutic interventions, interdisciplinary coordination, coordinating discharge plans, and monitoring referrals. Secondary function is to assist with resource location and advocate for benefits.
- Primary job function is to provide behavioral health services to a caseload of primary or specialty care patients per established standards and guidelines. Functions include engagement and relationship building, assessment, treatment planning, therapeutic interventions, interdisciplinary coordination, coordinating discharge plans, and monitoring referrals. Secondary function is to assist with resource location and advocate for benefits.
- Provide behavioral health services for clients who are not in need of longer-term mental health services or who are present in the primary care environment and require more immediate attention. Interventions include motivational enhancement counseling, adjustment to illness, treatment adherence issues, behavior modifications, stress management and psychoeducation.
- Provide mental health triage for clients referred by other providers in the primary care setting and provide crisis intervention for clients with more emergent behavioral health needs.
- Effectively collaborate with health care providers and case managers within Clearwater Valley and/or St. Mary's and the larger community to meet the needs of mutual clients, including coordinating interdisciplinary case conferences.
- Assist patients with transportation issues that impact treatment adherence. Appropriately refer clients to community resources and consistently monitor the outcomes of referrals.
- Complete documentation of services in a legible manner in accordance with established formats.
- Collaborate with other Clearwater Valley and/or St. Mary's departments, i.e., Case Managers, Community Health Workers, Respiratory Therapy etc., to ensure continuity of care and a seamless transition back to primary or specialty care
- Regular and predictable attendance is an essential job function.

#### Behavioral Health Consultant – Coordinator Duties

- Provide behavioral health services
- Represent and collaborate with Kootenai Health behavioral health team(s) and internal medical staff/clinical teams
- Collaborate with Kootenai Compliance/HIM on documentation/compliance
- Facilitate Peer Review - Appropriateness of care reviews
- Provide educational opportunities for behavioral health team, clinical teams, all-staff, based on need
- Oversee patient referrals and scheduling
- Perform staff recruitment and training
- Facilitate and/or participate in special projects i.e. Mental Health First Aid, research projects, community speaking engagements
- Collaborate with both inpatient and outpatient departments as warranted
- Other coordinator duties as warranted

### Minimum Qualifications:

- Master's Degree in Social Work or Psychology
- 3-5 previous relevant experience working in a mental health capacity or practice is preferred
- Licensed as LMSW, LCPC, or LCSW certification

Joint Position, Full time, 40 hours per week